



THE MENU

AVAILABLE
9/08
FOR PICKUP

SALADS

PESTO CHICKEN SALAD \$6.00

380K 28F 5C 2DF 26P
P K 30 21

EGG SALAD \$5.50

130K 7F 10C 3DF 9P
P K 30 21

BREAKFAST

CHOCOLATE CHIP PANCAKES, MINI BANANA / \$6.50
520K 24F 69C 7DF 15P | P

BACON SPINACH SCRAMBLE / \$5.75
480K 36F 4C 1DF 33P | P K 30 21

CHIPOTLE PORK BENNY / \$6.75
510K 40F 9C 3DF 28P | P K 30 21

SOUPS

TEXAS CHILI \$6.20

350K 18F 16C 4DF 33P
P K 30 21

CHICKEN AND WILD RICE SOUP \$5.50

310K 9F 28C 3DF 30P
PRIMAL

ENTREES

ITALIAN BEEFLOAF \$11.24
520K 33F 15C 5DF 39P | P K 30 21

SMOKED BBQ CHICKEN \$10.75
580K 25F 43C 6DF 50P | P

CHORIZO TACO SALAD \$11.00
410K 26F 19C 5DF 34P | P K 30

CHIPOTLE CHICKEN SWEET POTATO \$10.75
440K 19F 33C 7DF 34P | P 30

BEEF STROGANOFF \$11.50
550K 18F 62C 1DF 33P | PRIMAL

BLACKENED CHICKEN & SHRIMP \$12.24
530K 36F 11C 2DF 39P | P K 30 21

BEEF BOURGUIGNON \$10.95
430K 24F 19C 4DF 25P | P K

TURKEY BURGER \$10.95
490K 22F 27C 7DF 49P | P K 30 21

BRISKET STUFFED BAKED POTATO \$12.24
610K 37F 26C 2DF 40P | P 30

SALMON FRIED RICE \$12.24
440K 33F 15C 5DF 21P | P K 30

P: PALEO K: KETO
30: EVOLVE 30
21: 21 DAY SUGAR DETOX

**HEALTHY
PREMADE
MEALS
JUICES
SNACKS**

ALWAYS FIND THE
LOWEST
PRICES ONLINE

DESSERTS

DOUBLE CHOCOLATE MOUSSE CAKE \$7.24
710K 52F 57C 7DF 12P
P

CHERRY ALMOND SUGAR COOKIE \$4.90
420K 31F 32C 6DF 10P
P

**PICK UP &
DELIVERY**

EATTOEVOLVE.COM