



THE MENU

AVAILABLE
9/15
FOR PICKUP

SALADS

CURRIED CHICKEN SALAD \$5.75
300K 20F 9C 2DF 21P
P K 30 21

DECONSTRUCTED SMOKED CHICKEN SALAD \$6.95
540K 43F 18C 3DF 30P
P

SOUPS

KC VEGGIE BEEF SOUP \$6.00
290K 14F 16C 3DF 22P
P K

POZOLE \$6.24
310K 12F 26C 3DF 21P
P K 30 21

DESSERTS

MOM'S BLACKBERRY COBBLER \$5.24
PRIMAL

CHERRY ALMOND SUGAR COOKIE \$4.90
420K 31F 32C 6DF 10P
P

PICK UP &
DELIVERY

EATTOEVOLVE.COM

BREAKFAST

BENNY HASH / \$6.95
370K 18F 21C 3DF 29P | P 30

MACHACA & EGGS / \$6.75
330K 23F 3C 1DF 27P | P K 30 21

ITALIAN SAUSAGE & KALE EGG BAKE / \$5.75
300K 21F 6C 1DF 20P | P K 30 21

ENTREES

CHICKEN & MUSHROOM MAC AND CHEESE \$10.95
570K 26F 51C 4DF 37P | PRIMAL

CHICKEN BACON RANCH SANDWICH \$10.85
990K 56F 80C 10DF 42P | P

GRANDMA'S MEATLOAF \$10.75
680K 41F 47C 7DF 32P | P

GRILLED PORK CHOP \$10.75
330K 15F 8C 3DF 39P | P 30 K 21

SMOKED MEAT PLATE \$11.50
560K 28F 36C 5DF 41P | P

MEAT LOVERS PASTA \$10.85
680K 55F 22C 4DF 25P | P K 30 21

GARLIC SHROOM BURGER \$10.75
540K 29F 38C 3DF 33P | P

ORANGE TERIYAKI CHICKEN BOWL \$10.95
480K 19F 46C 5DF 29P | P

TACO BOWL \$10.90
560K 47F 18C 6DF 18P | P K 30 21

BUTTER CHICKEN, BASMATI RICE \$10.90
520K 21F 49C 3DF 32P | PRIMAL

P: PALEO K: KETO
30: EVOLVE 30
21: 21 DAY SUGAR DETOX

HEALTHY
PREMADE
MEALS
JUICES
SNACKS

ALWAYS FIND THE
LOWEST
PRICES ONLINE