



THE MENU

AVAILABLE
9/22
FOR PICKUP

SALADS

BLACKENED CHICKEN CAESAR SALAD \$7.24
770K 55F 42C 7DF 31P
PRIMAL

SOUTHWEST CHICKEN SALAD \$6.75
260K 10F 7C 3DF 35P
P K 30 21

SOUPS

BACON & POTATO SOUP \$6.24
320K 12F 43C 3DF 12P
P 30

CHICKEN TORTILLA SOUP \$6.75
200K 5F 18C 3DF 21P
P K 30 21

DESSERTS

KEY LIME CHEESECAKE \$7.24
460K 36F 32C 6DF 9P
P

CHERRY ALMOND SUGAR COOKIE \$4.90
420K 31F 32C 6DF 10P
P

PICK UP &
DELIVERY

EATTOEVOLVE.COM

BREAKFAST

SMOKED CHORIZO OMELET / \$5.95
350K 23F 4C 1DF 31P | P K 30 21

HAM & EGGS / \$5.75
270K 14F 6C 0DF 33P | P K 30 21

BREAKFAST BURGER / \$6.00
420K 23F 18C 1DF 31P | P

ENTREES

MISSISSIPPI POT ROAST \$12.00
630K 44F 11C 4DF 44P | P K 30

STUFFED PEPPERS \$10.75
330K 18F 16C 4DF 24P | P K 30

PEPPERCORN CHICKEN \$11.24
450K 26F 14C 4DF 38P | P K 30 21

BLACKENED COD \$12.24
380K 27F 10C 4DF 25P | P 30 K

CHIPOTLE PORK BURGER \$10.75
860K 62F 32C 5DF 40P | P 30

CHICKEN PAD THAI \$10.50
510K 12F 70C 6DF 29P | P

FRIED CHICKEN, MASHED POTATOES \$10.75
680K 45F 29C 5DF 40P | P 30

BRISKET CHILI, JALAPENO CORNBREAD \$10.30
630K 37F 33C 9DF 49P | P

CHICKEN & ANDOUILLE \$11.24
340K 14F 5C 1DF 47P | P K 30 21

TACO FRIES \$11.20
630K 36F 55C 13DF 27P | P 30

P: PALEO K: KETO
30: EVOLVE 30
21: 21 DAY SUGAR DETOX

HEALTHY
PREMADE
MEALS
JUICES
SNACKS

ALWAYS FIND THE
LOWEST
PRICES ONLINE