

## ENTREES

- BEEF & BROCCOLI** | \$10.75  
460K 34F 16C 6DF 23P | K P 30
- BRISKET STUFFED POTATO** | \$11.74  
630K 27F 57C 6DF 40P | P 30
- BRUSCHETTA TURKEY BURGER** | \$10.75  
680K 50F 13C 5DF 46P | K P 30
- EVERYTHING CHICKEN W/ PEAS & CARROTS** | \$11.00  
360K 7F 22C 7DF 51P | K P 30
- CAJUN CHICKEN THIGHS** | \$10.75  
770K 62F 11C 4DF 44P | K P 30
- CHICKEN FRIED CAULI RICE** | \$11.00  
450K 30F 18C 7DF 31P | K P 30
- GRILLED CHICKEN TENDERS** | \$10.50  
780K 52F 28C 4DF 48P | P
- CHIPOTLE PORK BURGER W/ POTATO SALAD** | \$10.75  
820K 65F 32C 3DF 26P | P
- EGG ROLL IN A BOWL** | \$10.75  
460K 35F 11C 3DF 26P | K P 30
- FAJITA CHICKEN** | \$10.75  
460K 23F 17C 5DF 46P | K P 30
- FRIED CHICKEN W/ SPAGHETTI SQUASH** | \$10.75  
640K 36F 25C 10DF 53P | K P 30
- GRANDMAS MEATLOAF** | \$11.00  
580K 44F 15C 5DF 32P | K P 30
- GRILLED CHICKEN W/ GARLIC RANCH** | \$10.75  
600K 40F 12C 4DF 49P | K P 30
- GRILLED STEAK & KETO MASH** | \$11.10  
440K 22F 12C 4DF 47P | K P 30
- CARNE ASADA W/ CILANTRO LIME RICE** | \$11.75  
300K 12F 14C 5DF 35P | K P 30
- MEATLOVER CHILI** | \$10.30  
460K 26F 14C 4DF 41P | P 30
- BUFFALO CHICKEN BURGER** | \$10.50  
570K 40F 13C 4DF 41P | K P 30
- NEW ORLEANS CHICKEN & SHRIMP** | \$10.99  
700K 52F 11C 4DF 49P | K P
- PEPPERCORN CRUSTED BRISKET** | \$11.65  
390K 19F 10C 3DF 42P | K P 30
- POT ROAST W/ ROASTED CARROTS** | \$11.95  
350K 19F 15C 4DF 27P | K P 30
- CARNITAS PORK, POTATO WEDGES** | \$10.25  
630K 35F 33C 4DF 43P | P 30

## BREAKFAST

- CARNIVORE SCRAMBLE** | \$6.00  
460K 37F 2C 0DF 28P | K P 30
- SMOKED CHORIZO SCRAMBLE** | \$5.75  
460K 34F 3C 0DF 34P | K P
- KETO PROTEIN SLAM** | \$6.20  
550K 43F 2C 0DF 37P | K P
- SPINACH BACON OMELET** | \$6.00  
300K 23F 3C 1DF 18P | K P 30
- BREAKFAST MEAT FEAST W/ CHEESY EGGS** | \$6.50  
560K 41F 3G 0DF 39P | K (DAIRY)
- APPLE SAUSAGE & EGGS** | \$5.50  
440K 30F 8C 2DF 30P | K P 30

## SALADS & Soups

- PESTO CHICKEN SALAD** | \$6.00  
530K 38F 4C 1DF 42P | K P 30 21
- SESAME CHICKEN SALAD** | \$6.75  
530K 42F 16C 6DF 29P | K P
- TEXAS CHILI** | \$6.20  
350K 18F 16C 4DF 33P | K P 30 21
- CREAM OF CAULIFLOWER SOUP** | \$6.20  
410K 28F 36C 4DF 7P |

## DESSERTS

- CHOCOLATE CHIP COOKIES 3 OR 6** | \$4.65/\$8.99  
480K 36F 46C 9DF 8P for 3 cookies | P
- SNICKERDOODLE COOKIES** | \$4.65  
460K 35F 32C 6DF 11P | P

**EVOLVE**  
JUICERY & KITCHEN

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